

the Kendall Chronicle

Your Community Newspaper



Published by Kendall Community Centre

FREE & Independent

Volume 23: Issue 04 April 2026

Mental Health Rocks

by Alison Stewart

There's something going on at North Haven breakwall. For sometime now, beautifully painted rocks have been appearing, always to the surprise of the lucky finder. Having been a recipient myself, I know they bring instant joy and, even more so, if you pay them on. I was so pleased to see the artist has gone one step further and created Mental Health Rocks. Mindful messages are painted on small rocks and displayed on a decorative plate - with its own meaningful message.

Many people enjoyed their encounter with the tribute plate, with several posts and photos popping up on local FB pages. The rocks resonated, and may well have helped someone.

Obviously, the artist is deeply affected by this issue and knows the value of these messages.

Now, although it saddens me to report that the plate has gone missing, I have every confidence it will be restored. It's these generous initiatives that define a community and I've every faith that the plate and its messages will reappear - for me and anyone else who needs them.



UPDATE: Our dedicated artist has not retreated in despair. She's been busy creating a beautiful new plate - encouraging people to "Please do not Remove Plate". Here's hoping the rocks will be allowed to ripple out to our close knit and caring community.

Water attraction at Laurieton Markets

by Alison Stewart



Above photo: Lloyd Stewart with Pandee, Rachael King with Lukas, Wanita & Marcia Millner, Lee & Barry Crispe.

With community service at heart, Malcom Bell has been operating his water taxi between Laurieton Markets & Dunbogan Boatshed and Marina Cafe, which he owns with his wife, Kristy. This complimentary service, offering a 10 minute boat trip in each direction, allows anyone to enjoy the water. The taxi runs continuously during market mornings and allows the perfect amount of time to partake a coffee, ice cream or cake at the cafe before rejoining the taxi for the return voyage. When we took the water taxi, none of the passengers had ever been on it before, although we were all longtime residents of the area.



For more information about Coastline Bank & its services, please visit www.coastline.com.au or contact 1300 36 1066.

Kendall Branch Opening Hours

Monday	10:00am - 1:30pm
Tuesday	10:00am - 1:30pm
Wednesday	10:00am - 1:30pm
Thursday	10:00am - 1:30pm
Friday	10:00am - 2:00pm

ABN 88 087 649 910 / AFSL & Australian Credit Licence 239175

KENDALL COMMUNITY CENTRE



... the hub of Kendall ...

19 Comboyne Street, Kendall

Phone: 02 6559 0055

Email: kendallctc@bigpond.com

Open: 9:00am to 1:00pm - Monday to Friday

Come into the Kendall Community Centre office and see what services are on offer:

- Coastline Bank - open 5 days!
- **BOOKENDS** - 2nd hand books for sale - \$2
- Centrelink Access Point - totally free service!
- TrainLink tickets - only \$5.00 fee per booking.
- Photocopy, laminate, scan and email your documents
- **Computer assistance** - on Tuesday mornings with Michael or Cheryl \$20 for one hour. Ph. 6559 0055 for appointment.
- **Kendall Hall hire**
- Wi-Fi Facilities - Kendall Hub
- **Please note** there is **no** Justice of the Peace (JP) available at the Kendall Community Centre



PICK UP YOUR FREE COPY OF THE KENDALL CHRONICLE AT THESE BUSINESSES:

- ◆ Bookends @ Kendall
- ◆ Camden Haven Neighbourhood Centre
- ◆ Camden Haven Auto Parts
- ◆ Camden Haven Tyre and Auto
- ◆ Camden Haven Community College
- ◆ iKew Information Centre
- ◆ Kendall Bottle Shop
- ◆ Kendall Community Centre
- ◆ Kendall Craft Shop
- ◆ Kendall Op Shop
- ◆ Kendall Post Office
- ◆ Kendall S & C Club
- ◆ Kendall General
- ◆ Kendall Takeaway
- ◆ Kew Corner Store
- ◆ Kew Country Club
- ◆ Lakewood Chemist
- ◆ Lakewood Family Practice
- ◆ Laurieton Newsagency
- ◆ Laurieton Plaza Theatre
- ◆ Laurieton Library
- ◆ LUSC
- ◆ Miss Nellie's Café
- ◆ Monterey, Kendall
- ◆ The Meeting Place Café

- Kendall Chronicle -

Distributed throughout the Camden Haven including Kendall, Kew, and via email.

Contributions welcome. Send editorials,

Interesting articles and enquiries for advertising to:-

kendallchronicle@outlook.com or

PO Box 14, Kendall 2439

Deadline - 15th of previous month.

Printing and distribution before the end of every month.

Join the email list to receive the Kendall Chronicle in colour!! Email kendallchronicle@outlook.com

Published by Kendall Community Centre

***Disclaimer:** The Kendall Chronicle is a community publication of the Camden Haven, made possible due to support of its advertisers, contributors, volunteer staff and distributors. Editorial responsibility is held by the editor under delegation from the Kendall Community Centre Reserve Land Manager, (the Trust). The Kendall Chronicle reserves the right to accept, amend or refuse the placement of any item, including advertising. The opinions of contributors do not necessarily reflect those of the Trust, the editor or the Chronicle team.*

- FIRE INFORMATION -

EMERGENCY Dial 000
RURAL FIRES - for information 1300 643 262

LORNE BRIGADE:

Captain:	Aaron Sanders	0438 074 828
President:	Graham Nosworthy	0419 702 993
Secretary:	John Carter	6556 9677
Permit Officers:	Graham	0419 702 993
	Mike	6556 9652
	Craig	6559 0245

CAMDEN HAVEN BRIGADE:

Captain:	David Handley	0402 292 550
Secretary:	Allan Hagney	6559 4038
Permit Officers:	Ron	0408 216 885
	Tom	0422 826 138
	Dave	0402 292 550

On-line version of The Kendall Chronicle and Advertising rates available at:
www.kendall.org.au

Kendall Community Op Shop News

... From the Community ... For the Community
... To the Community

By Helena Kuster

A warm welcome to new volunteers to the team: ...
Deb Campbell

SHOP WILL BE CLOSED:

**ANZAC DAY Saturday 25th April and also Monday, 27 April
(public holiday)**

A wreath will be laid on behalf of all volunteers during the Kendall ANZAC Day ceremony.

The Op Shop Grants Presentation Night will be at the Kendall Services and Citizens Club, Kendall on Thursday, 23 April 2026 from 6pm – guest presenter will be Cameron Marshall, breakfast radio presenter of ABC's Mid-North Coast Radio station. It will be another milestone for the Kendall Op Shop.

In the May Kendall Chronicle, information will be published about this year's Grant's night: This all important and wonderful event is only possible because of the 90 plus volunteers' endless efforts and time in supporting the Op Shop's aim to distribute and raise money for the community. The information of the awarded grants will be published on the website www.kendallcommunityopshop.com.au and it will make the volunteers proud for being part of the Op Shop team!

Shop OPEN SUNDAY (1st SUN of May), 3rd May 9am – 12.30pm

The theme after the Easter display will be Mother's Day which is Sunday, 10 May 2026. Buy something for your mother which she enjoys, can put to use etc. to say thank-you to their year in year out endless efforts to look after their families, friends: 'A mother is your first friend, your best friend, your forever friend' and 'A mother forgives us all our faults, not to mention one or two we don't even have.'

Watch out for the specials and displays in the various departments. Keep your eye on the shop Facebook page for amazing one-off donations which are advertised.

Note that quality material rags sold in large bags for \$15 or small bags for \$8 are always a good source to 'keeping hands clean' and it supports volunteers' efforts. It is a great community ideal – let's keep supporting each other – local businesses are at the heart of it all and the volunteers are cutting rags as much as your business needs. Ask and we shall deliver!

Planning ahead, save on cost of living, make your dollar go further:

Always a sale on in one or various departments: at the moment until further notice, all summer clothes and shoes (men/ladies/

children) are 50 % reduced. Keep an eye on our Facebook page which will keep you up-to-date with dates and sales. A weekly shopping visit helps towards spending less (check opening times) as these constantly changing and interesting things at bargain prices.

Choose to challenge yourself: shop 2nd hand then you don't feel guilty filling your wardrobe with new purchases! Remember: all new produced items need new resources, material and create in the process new pollutants. The planet (and your wallet) will reward you. Therefore donate – volunteer or purchase 2nd hand – it makes a difference to human kind's future.

Retro or old is new again/get rid of your 'spare' items = store no more, how about recycling? How about learning from the past: 'The Power of Less is More'. Our blue Planet in this universe is the only one – everything stays on it! Re-use more, use less, treasure and share rather than only use.

Waste less every day!

Your donations will be valued by helping reduce some of the 67 million tonnes of needless landfill that Australian create every year.

For more information about Kendall Op Shop, browse www.kendallcommunityopshop.com.au and/or visit www.facebook.com/kendallcommunityopshop.



KENDALL COMMUNITY OP - SHOP

- ✓ **Monday to Friday: 9.00am – 4.00pm**
- ✓ **Saturday: 9.00am – 12.30pm**
- ✓ **Open first Sunday of every month: 9am-12.30pm**
- ✓ **Phone: 6559 0084**
- ✓ **1a Comboyne Street KENDALL**
- ✓ **www.kendallcommunityopshop.com.au**
- ✓ **www.facebook.com/kendallcommunityopshop**



Kew Corner Store



CWA NEWS
Kendall Branch
MARCH 2026

We are busy planning our year. Some of our members attended the Mid North Group Council Meeting and Handicraft Competition at Bulahdelah on Thursday 12th March. We enjoyed a lunch and were given the opportunity to see the wonderful display of handicraft done by the group members. Our Elizabeth Watson did it again by obtaining a number of 1st places for her articles. Joanne Thorpe won 2nd place in the card making section. Well done Elizabeth and Joanne.



Photo above: Di Davis, Sue Carter, Joanne Thorpe and Nan Bowman

In April we will be visiting the Queens Lake retirement village and having morning tea with Residents and two of our members who reside at the village. This should be a great morning. The CWA ladies always outdo themselves when it comes to baking for these events. All residents from the village are invited.



Every year CWA members study a country. This year it is Fiji and our Kendall Branch will be having a Fiji International Luncheon in late May. It is always

an enjoyable day, lots of yummy food from the country chosen and a guest speaker. Many of you would have fond memories of holidays in Fiji.

Fiji is a republic in South Pacific and surrounded by the Koro Sea. It is approximately 3,200km northeast from Sydney. It is made up of some 330 islands of which over 110 are permanently inhabited. There are also some 500 islets making up the total land area of 18,274 sq km. It is a very popular destination for Australians who would like to chill out and have a relaxing holiday.

Social Day: 1st Tuesday of the month at 11am.

Monthly Meeting: 3rd Tuesday of the month at 10.00am.

Kendall War Memorial Trust Hall

Graham Street, Kendall (next to the Services Club)

FOR MORE INFORMATION ABOUT THE CWA KENDALL BRANCH

Phone NAN BOWMAN – 0400 265 056



Robert Dwyer MP
Member for Port Macquarie

As your local Member for Port Macquarie, I'd like to thank all of the first responders including Surf Life Saving volunteers, Marine Rescue, Rural Fire Service as well as the Police and Paramedics who all helped to keep our community safe over the holidays.

If you need assistance with any State Government matter, please do not hesitate to contact me.

My staff and I are here to help in any way we can, so call us on 6584 0977.

Contact my office if you would like to subscribe to my eNewsletter.

Contact Robert

☎ 02 6584 0977 ✉ portmacquarie@parliament.nsw.gov.au 🌐 robertdwyermp.com.au

📍 T23, Sovereign Hills Town Centre, 15 Chancellors Drive, Thrumster NSW 2444

Authorised by Robert Dwyer, funded using Parliamentary entitlements. February 2026



Camden Haven
AUTO PARTS

ALL YOUR CAR, BOAT, CARAVAN & TRAILER NEEDS IN THE HEART OF LAURIETON

53 Bold Street, Laurieton 6559 7383
www.camdenhavenautoparts.com.au

Camden Haven TYRE & BRAKE CENTRE

Camden Haven Tyre & Brake is your best bet for quality mechanical servicing for your vehicle. With honest, affordable pricing, our highly experienced and fully licensed mechanics provide a range of mechanical and inspection services, specialising in tyres and brakes. Call our friendly team today to book your car, 4WD or utility vehicle in at our Laurieton service centre.



The Local's Local

461 Ocean Drv, Laurieton 6559 9567

Kendall District Gardeners Club News

(Patrons Christine & Richard Cullen)
By Joseph Agnello

John welcomed everyone including visitors. He thanked all members who volunteered their time in spreading the top soil over our future grass area. Asked if everyone could bring in some buffalo grass runners to be planted as our future grass.

It was voted that the cost of top soil be paid by the Garden Club.

John thanked Linda for last months presentation on "botanical Latin". Our 20L Urn is still to be acquired.



This months guest speaker was Trevor Smith who calls himself "habitat hollows". Trevor spoke on building and providing bird and habitat boxes. On display were

many examples of several timber habitat boxes built by Trevor based on his experience with native wildlife in our district.

Australian wildlife species rely on tree hollows to roost and nest, birds, mammals, reptiles, possums, sugar gliders, parrots, microbats, phascogales and owls. Nesting boxes are artificial hollows and compliment native tree hollows which can take up to 100 years to form. Habitat boxes come in all forms of shapes and sizes, generally made from timber with various size openings and drainage at the base. One interesting box on display was a "Bee hotel" for native bees.

Our next guest speaker topic in April will be – Pilot beach project, in our region.

Next meeting will be held on Monday 28th April 2026

Join the Meeting Place Café Crew!

at the Kendall Community Centre.

Be part of something local, friendly, and fun

We're a volunteer-run café, and we're looking for people who love good company, good coffee, and being part of a community that looks after each other

☀ We're looking for:

- Baristas
- Bakers – Cakes and Slices for Café
- Dishwashers
- Kitchen Hands
- Waitpersons



No experience needed — just a smile and a willingness to pitch in.

🕒 When?

Thursdays, 9am–12pm

Volunteer **once a week**, **once a fortnight**, or **once a month** — whatever suits your life. Every bit of help makes a difference.

☀ Why volunteer with us?

- Meet new people
- Learn new skills
- Be part of a warm, welcoming team
- Make a real difference in your community

☀ Come join us!

If you'd like to help out or learn more, drop in and say hello at the Meeting Place Café on Thursday mornings or drop into the Kendall Community Centre Office Monday to Friday – 9am to 1pm.

The Meeting Place Cafe

**** OPEN EVERY THURSDAY ****

9:00am to 11.45am (last orders 11.30am)

*** Coffee - Hot drinks**

*** Yummy Cakes & Sandwiches**

at Kendall Community Centre

Browse & buy interesting goods at the

**MARKET STALLS &
COMMUNITY GARDEN**

MID COAST GARAGES & SHEDS

Daniel Williamson
OWNER/MANAGER Licence 90407C

Mobile 0419 013 216
Telephone (02) 6581 2566 Fax (02) 6581 2561
Email: mcgarage@bigpond.net.au
Web: www.mcgarages.com.au

Established 1990

29 URALLA ROAD PORT MACQUARIE N.S.W. 2444

QUALITY STEEL BUILDINGS



FAWNA NSW INC
FOR AUSTRALIAN WILDLIFE NEEDING AID

The toll of rodenticides on our wildlife

By Kym Kilpatrick
Fawna Vice President & Media Spokesperson.

Recently Birdlife Australia has been pushing for the restriction of rodenticides, i.e. rat and mouse

poison baits, particularly those known as second generation rodenticides (SGARs) because of their devastating impact on our wildlife. The evidence is in that these potent and long-lasting poisons, still available on the shelves of our supermarkets and hardware stores, with ingredients of brodifacoum, bromadiolone, difethialone, difenacoum or flocoumafen, are responsible for huge death rates in our birds of prey.

Rodenticides are classified as either first or second generation poisons. Both involve anticoagulants which kill by causing uncontrolled haemorrhaging. First generation poisons usually require multiple doses to kill the animal concerned whereas second generation will kill after one dose, but not immediately, instead weakening the animal and causing it enormous thirst.

Because Rodenticides are designed to be highly palatable (and in some cases look like liquorice lozenges) many wildlife as well as pets (and sometimes even children) can be attracted to eat them. Possums, bandicoots and reptiles such as Blue Tongues will take the baits directly, and even non-target species such as sugar and squirrel gliders.

Most poisonings though occur through what is called secondary poisoning from SGARs. This is when weakened, thirst driven animals search for water, even during daylight, and become easy prey for other species including, but not limited to: all owls species; tawny frogmouths; hawks, eagles & other raptors; magpies; butcherbirds; and kookaburras; as well as phascogales; lizards; snakes; and even Green Tree Frogs. Basically, when pets or native species eat the poisoned rodents, they become poisoned as well.

The evidence of immense harm is mounting. A study of Powerful Owls in WA found 100 percent build-ups of rat poison in their livers and another study found 72.6 per cent of Southern Boobook owls had accumulated poisoning. In Tasmania, 74 percent of wedge-tailed eagles were found to have toxic poisoning from rodenticides. Barn Owls have also been found to be particularly vulnerable.

Bioaccumulation and persistence are additional issues. In short, rodenticide poisons accumulate in the soft tissues and internal organs and remain present after death. Thus, even scavengers such as crows and goannas are vulnerable to secondary poisoning. Sadly, research has detected rodenticide residues in numerous wildlife species across Australia, indicating that exposure is widespread even in areas where baits have not been laid.

Federal Minister for the Environment, Murray Watt has recognised that Rodenticides, particularly second generations, are one of the most harmful of all pesticides in use today. And yet they are still on our shelves.

Long-term effectiveness is also questionable as any surviving rats or mice will breed up in large numbers while the animals and birds that naturally prey upon them experience population crashes or local extinctions.

In the NSW Northern Rivers, the Barn Owl Project, involving provision of nestboxes for barn owls in strategic places is a more ecologically friendly and effective approach. A quick search on-line will provide information about box traps and flip & slide bucket-traps and/or instructions on how to cheaply make your own. There are also a range of kitchen ingredient remedies that do not carry secondary poisoning risks and have the added advantage of not attracting native



marsupial rodent species such as antechinus and bush rats.

For more information about Birdlife Australia, including the online petition go to: <https://birdlife.org.au>

Image by Moira Serat of a powerful owl that was brought into FAWNA's care with suspected rodenticide poisoning but sadly was not able to be saved.

Thank you from the Kendall Community Centre

A busy Saturday morning at the Kendall Community Centre. A group of volunteers have levelled the ground out the front of the Community Hall and distributed soil ready for grass. A big thank you to the volunteers as well as Three Brothers Landscape Supplies for free delivery of the soil.



THREE BROTHERS
LANDSCAPE & GARDEN SUPPLIES

6559 8206

19 The Boulevard Dunbogan

38 bays of products- sands, gravels, mulch, soil & rocks.
Cement products, bagged soils, fertilisers, mulch, turf. Bulk deliveries and prices available & recycled building products.

Supporting local helps us support local groups



CHILDCARE PLACES AVAILABLE – STARTING JANUARY 2026
Kid Haven Early Learning Centre | Kew

Looking for a warm, nurturing, and inspiring place for your child in the new year?

Kid Haven Early Learning Centre is now taking enrolments for children aged **6 weeks to 6 years**.

Open 52 weeks a year | 7:30am – 6:30pm | Monday to Friday

We have limited places available in all age groups:

- Discoverers** (0–2 years)
- Adventurers** (2–3 years)
- Investigators** (3–4 years)
- Pioneers** (4–5 years – Preschool Program)

Why families love Kid Haven:

- Up to **72 hours Child Care Subsidy per fortnight** for eligible families (from 5 January 2026)
- Teacher-led Preschool Program** for 4–5 year olds
- A **large backyard and orchard** for outdoor play and exploration
- Caring, qualified, and dedicated educators
- Play-based learning** tailored to each child
- Daily **morning tea fruit platter**
- Flexible enrolment options** to suit busy families

Give your child the best possible start in a place where they can **learn, grow, and thrive**

- Enrolments now open!**
- Contact **Kid Haven Early Learning Centre** to book a tour and meet our friendly team:
02 6559 4244 | 0490 382 937

Spaces are limited – we look forward to welcoming your family!



Kew/Kendall HOME-MAKER SWAP

A gathering for makers, bakers, growers and creators.

How does it work?
Gather with like minded homemakers
Bring 5 (of the same or similar)
homemade items and take 5 home!

Last sunday of the month! Unless stated
9 -10:30am for socialising
(will SWAP items at 10am)
The Big Axe Children's Nature Playground

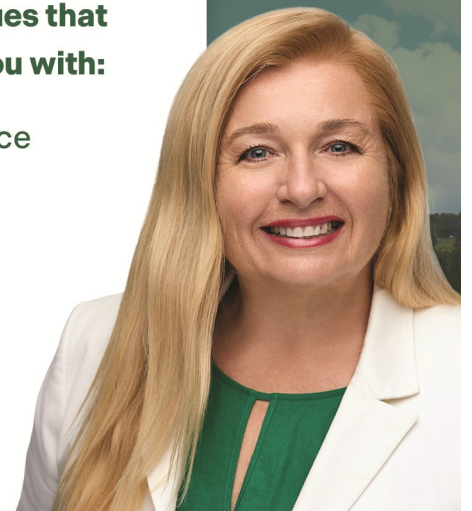


ALISON PENFOLD MP

FEDERAL MEMBER for Lyne

The Federal Government is responsible for national issues that affect all Australians. As your Federal MP I can assist you with:

- ✔ Centrelink
- ✔ Medicare
- ✔ Aged Care
- ✔ NDIS
- ✔ Post and Telecommunications
- ✔ Banking and Finance
- ✔ Taxation
- ✔ Immigration
- ✔ Foreign Affairs and Trade
- ✔ Defence



WAUCHOPE OFFICE

- (02) 6586 4462**
- Cnr High and Hastings Streets
(PO Box 244), Wauchope NSW 2446

TAREE OFFICE

- (02) 6557 8910**
- 144 Victoria Street,
Taree NSW 2430

- ✉ Alison.Penfold.MP@aph.gov.au
- 🌐 alisonpenfold.com.au
- 📘 [AlisonPenfoldMPforLyne](https://www.facebook.com/AlisonPenfoldMPforLyne)
- 📷 [alison_penfold_for_lyne](https://www.instagram.com/alison_penfold_for_lyne)

Authorised by Alison Penfold MP, National Party of Australia, 144 Victoria St, Taree NSW 2430.

PERCIVAL
PROPERTY

THINKING OF SELLING IN KENDALL?

As an award-winning agent specialising in rural and residential lifestyle properties in Kendall and surrounds, I bring unmatched local expertise and proven results.

Let's chat about your property - no obligation, no cost, just a conversation.

Call 0429 883 488 for your free appraisal



Martin Newell
Rural & Lifestyle Property

CONTACT
0429 883 488
martin@percival.com.au
percival.com.au



Tactile Arts Group at Kendall Inc
ABN: 76 184 312 211
4 Pelican Court, West Haven, 2443
Kendall Showground, 23 Batar Creek
Road Kendall, NSW 2439
tagatkendall@gmail.com

When: Saturday 16th May, 2026, 10am -1pm

Contact: Sue 0407 656 768

Where: TAG Studio inside Kendall Showground

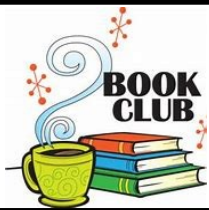
Cost: Members \$35.00 Non-Members \$50.00

What to Bring:

Your lunch (morning tea provided)
good quality rubber gloves, face mask. apron or old shirt to protect your clothing
old bath towel cut in half (bring both halves)



LEARN TO MAKE LIGHT-WEIGHT CEMENT GARDEN POTS AND TUBS ALL MATERIALS INCLUDED IN THE COST, ALONG WITH WRITTEN INSTRUCTIONS



1st Wednesday of the month
at 2pm this month on
Wednesday 1st April at
Bookends, Kendall
Contact Bernard 02 6559 4066



02 6559 9110
FB: Kew Country Club
www.laurietonclub.com

KEW COUNTRY CLUB

*Friday
Nights*

Meat Raffle



30 PRIZES



ON SALE FROM 5:30PM - DRAWN FROM 6:30PM

**TOSS THE BOSS: JACKPOTS \$50 PER WEEK!
DRAWN FROM PREVIOUS WEEKS TICKETS.
MUST BE WON AT \$500!**

KEW COUNTRY CLUB - 02 6559 4203

**Friday
FRIENDLY BOWLS**
FUN FOR JUST \$10

Start your Friday the right way with a relaxed and social morning on the green. Suitable for all ages and skill levels, it's the perfect way to stay active and connect with others.

BEGINNERS WELCOME WITH COACHING AVAILABLE UPON REQUEST

EVERY FRIDAY | 9:00AM
Please contact Kew Country Club and register by 8:30am

FOR ALL ENQUIRIES:
KEW COUNTRY CLUB - DEAN NOBLE 02 6559 4203 | EMAIL: KCCOFFICE@LAURIETONCLUB.COM.AU
ON THE LAST FRIDAY OF EACH MONTH, PLAYERS WILL ENJOY A COMPLIMENTARY SAUSAGE SIZZLE

Come along, meet new people and enjoy the morning!

**THE GREAT
EASTER
HUNT**
on the Fairway

SATURDAY 4TH APRIL 2026

START THE MORNING
WITH A BREAKFAST BBQ & FACE PAINTING
FROM 9AM

SPECIAL GUEST
APPEARANCE FROM THE EASTER BUNNY
FROM 9AM

EASTER EGG HUNT
FROM 9:30AM - \$5 PER CHILD
INSIDE THE MINI-GOLF COURSE

**COFFEE & HOT CROSS BUN
DEALS AVAILABLE**

BRING THE FAMILY, ENJOY THE FESTIVITIES AND JOIN US FOR A FUN-FILLED EASTER CELEBRATION AT KEW COUNTRY CLUB!

TICKETS MUST BE PURCHASED IN ADVANCE DUE TO LIMITED NUMBERS PER SESSION. IF THE FIRST SESSION SELLS OUT, A SECOND SESSION WILL BE RELEASED. TICKETS ARE AVAILABLE VIA THE LUSC WEBSITE OR BY CONTACTING LUSC RECEPTION ON (02) 6559 9110.

LUSC

**THURSDAY
Mixed Bowls**

Join the LUSC Mixed Bowls Club for a fun game of bowls every Thursday at Kew Country Club!

EVERY THURSDAY 9AM	ENTRY \$10	CASH PRIZES EVERY WEEK!
--------------------------	---------------	-------------------------------

Visitors and new bowlers welcome! Simply sign the nomination sheet at Laurieton United Services Club to register each week!

For more information contact the Clubhouse on 02 6559 4203.

Recipe of the Month ...

Fish Pie (for Easter)

Ingredients

Fish

- * 400g Salmon or Smoked fish
- * 400g white fish eg perch, barramundi, snapper, ocean trout.
- * 3 cups / 750 ml milk
- * 1 brown onion quartered
- * 4 cloves optional

White sauce

- * 50g unsalted butter
- * 2 garlic gloves, minced
- * 1/2 small onion, finely chopped
- * 1 small carrot, finely chopped
- * 1 small celery stick, finely chopped
- * 50g (1/3 cup) plain flour
- * 1 tbsp fresh tarragon, finely chopped (optional)
- * 2 tbsp fresh parsley, finely chopped
- * Salt and Pepper

Potato Topping

- * 750g floury potatoes, peeled and cut into 2.5cm pieces
- * 30g unsalted butter
- * 1/2 cups / 125 ml milk

Pie

- * 1 cup frozen peas
- * 4 hard boiled eggs, quartered (optional)
- * 30g butter, melted
- * 1/4 cup / 15g grated parmesan cheese, (optional)
- * Finely chopped Parsely, for garnish (optional)

Method

Fish:

1. Push a clove into the skin of each onion. Place in a pot or large skillet, add milk, turn stove onto medium high heat.
2. When milk is barely simmering, add fish – don't worry if it's not entirely covered, it can be turned / moved around.
3. Poach fish for 7 minutes, then use a slotted spoon to transfer fish straight into a medium baking dish 30 x 19 x 6 cm.
3. Flake into chunks using forks. Remove bones if you see any .
4. Use slotted spoon to remove onion and cloves from milk, discard. RESERVE milk.

Preheat oven to 180C

Sauce:

1. Melt butter in a large, deep skillet or pot over medium high heat. Add onion and garlic, cook for 1 minute. Then add celery and carrot, cook for 5 minutes until carrot is soft..
2. Turn heat down to medium low. Add flour, mix in – it will look gluey
3. Add half the reserved milk and quickly start mixing. Once incorporated, the mixture will thicken quickly. Add remaining milk and stir.
1. Turn heat up to medium and keep stirring until the mixture thickens to the consistency of honey – about 3 minutes.
2. Take it off the heat, stir through tarragon and parsley. Adjust salt and pepper to taste.



Pie:

1. Scatter top of flaked fish with peas, then pour over the Sauce. GENTLY stir through
2. Smooth top, then nestle egg in all over the pie.

Mashed Potato:

1. Bring a large pot of water to the boil. Add potatoes and cook for 15 minutes or until soft. (Do this while making the Sauce).
2. Drain potato, add butter, milk, salt and pepper. Mash until creamy – add more milk if required.
3. Immediately dollop then spread onto pie (cold mash = hard to spread).
4. Use fork to draw squiggles on surface

Bake Pie

1. Drizzle surface with melted butter, sprinkle with parmesan.
1. Bake for 35 minutes or until top is deep golden.
2. Stand for 5 minutes before serving, garnished with parsley if desired. See notes for reheating and make ahead.

Canned fish – use 1 kg canned tuna or salmon (it's denser than fresh fish, so you need a bit more by weight). Drain then gently scatter large chunks into the baking dish, pour over sauce and proceed with recipe.

MAKE AHEAD: If making the whole thing ahead, only let the sauce thicken to the stage where it's like maple syrup. Then assemble the pie but don't bake it. Cover with plenty of cling wrap and refrigerate. Then bake on the day for around 45 minutes at 180C or until surface is deep golden.

TRAVEL with TRACY

For Bookings & Appointments Contact
0400 755 810



8 Days - Fully Escorted Norfolk Island Discovery

Discover a hidden gem in the South Pacific offering a unique blend of natural beauty, rich history & warm hospitality. Pristine beaches, UNESCO-Listed Kingston convict site & fresh local cuisine. A perfect Getaway

Departs Wed 21st to Wed 28th October 2026

The above tour includes:

- Home Pick up*
- Return Economy Airfares ex Port Macquarie via Sydney to Norfolk Island including taxes/fees
- Fully Escorted by Jacinta Whiting
- 7 nights at The Paradise Hotel & Resort including breakfast daily ensuite Garden rooms.
- Return Airport Transfers Norfolk Island
- Breakfast & Dinner Daily
- All touring as per Itinerary
- 1/2 day General Island Tour
- Clifftop Island Fish Fry
- Convict Settlement Tour
- Nights as A convict Tour/dinner

NO HIDDEN EXTRAS

- Indulgence Tour wine & cheese
- Ghost Tour & Dinner
- 2 Course Dinner at the Bounty Bar & Grill
- Over the Cattlestops with Morning Tea
- 2 x Museum Tag Along Tour
- Progressive Dinner
- Colleen McCullough Tour
- 2 Course Dinner at Hilli Restaurant
- Sound & Light Show
- \$15 Olive Grove Food/Beverage

Other departure points available

Only 4 spaces left!

Also Included....

- ✓ Free Courtesy Coach to Shopping Area
- ✓ All inclusive no hidden extra's
- ✓ Small Group / limited singles

SEATS ARE LIMITED SO BOOK EARLY

\$4899-00 per person
Single Supplement \$899-00



LWT
Laurieton World Travel

CONTACT TRACY
0400 755 810
info@laurietonworldtravel.com.au
laurietonworldtravel.com.au

ATA
ATA International
Let our travel experience make your trip extraordinary.
-Gil & Tracy

Kendall Community Boatshed Update

Kendall Boatshed Paddles the Lansdowne River

By Diane Pope

Eighteen intrepid paddlers launched kayaks on the Lansdowne River in warm misty rain. We headed upstream under what was once subtropical rain forest through dairy country where the forest gallantly tried to re-establish itself. Bird life was abundant and the intermittent showers just added to the atmosphere of the wonder of nature and the friendships old and new that kayaking facilitates.

On reaching the weir several kilometres up stream, built to ensure a fresh water supply for the Lansdowne village, we paused for the obligatory photo shoot and learned about the rock-ramp fish-way built in 2009 to allow fish migration upstream and to improve water flow.

On the return trip to our launch site where morning tea was scheduled, before heading downstream, the intermittent showers became heavier. No one objected to calling a halt as wet bodies and kayaks were quickly loaded up and bedraggled kayakers headed for Coopernook pub where wise paddlers, who had brought along a change of clothes, headed for the washrooms and the rest settled on the verandah and marvelled at the height of the recent 2025 flood which had inundated the old pub.

The incredible staff at the pub were able to produce our lunch order an hour before our scheduled arrival and the group thoroughly enjoyed a lovely meal before heading home for showers and many loads of soggy washing.

Overall – another great paddle and memorable initiation to our three new members.



Better By Bicycle

By Alison Stewart

Cycling

Better By Bicycle Port Macquarie continues to feature challenging cycle routes throughout our region. 11 members took part in the 45K ride through Coopernook State Forest to Lansdowne Nature Reserve, before looping back through Moorland. Weather conditions were perfect for cyclists, with lower



temperatures and intermittent light showers. A combination of gravel and paved surfaces meandered through undulating state forests and farmland. The ride was topped off with morning tea at the Tuckerwagon Restaurant on Jericho Road.

Another outing saw 13 riders enjoy a scenic 35K cycle through the Stoney Creek/ Pembroke Road/Rosewood loop, and back to the Waterman's Cafe for some well earned beverages. The ride and the company were first class, and enjoyed by all.

Please jump on their FB page for further details of past and future rides. The group meets Tuesdays and once a month on a Sunday.





ANZAC Day 2026

Dawn Service: 5.30am at Kendall War Memorial

Main Service with march at 10:00am

Form up from 9:30am outside Kendall General Store. March will start 10am sharp.

Road closures from 9:30am: Comboyne Street near Kendall Services and Citizens Club to front of Kendall School of Arts Hall. Albert Street from out the front of A E Gibsons Engineering to behind Kendall School of Arts Hall.

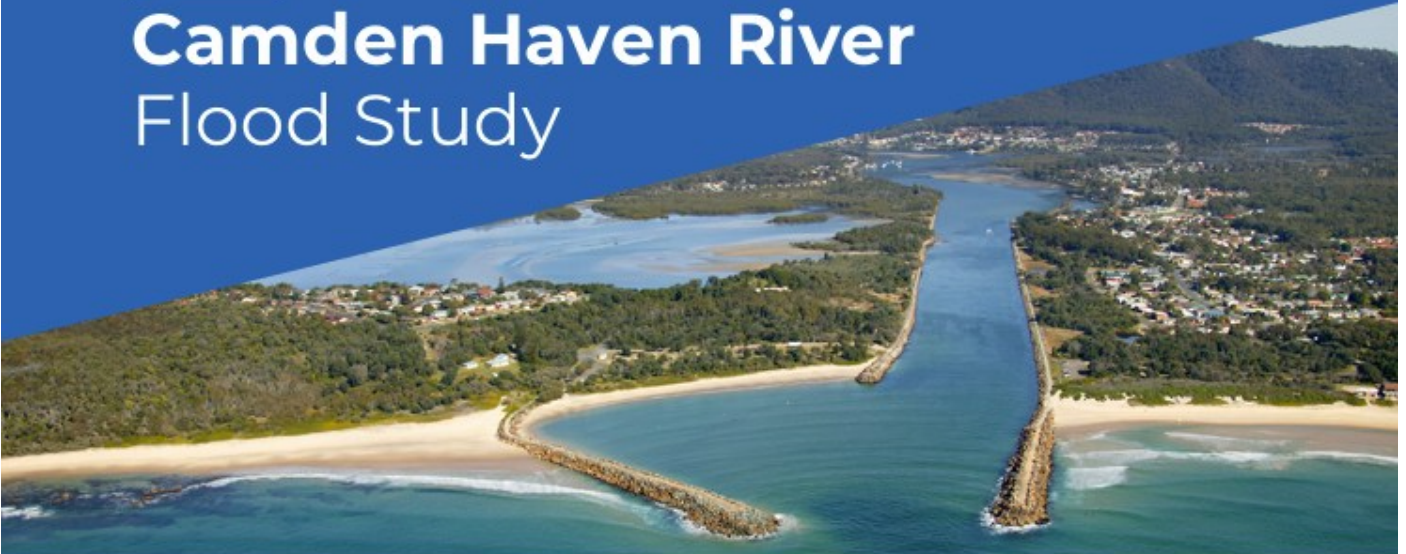
PLEASE DO NOT PARK INSIDE ROAD CLOSURES

No road closures for Dawn service.

For more information Contact Lance Gainey Ph. 6559 4478 or mobile: 0402 477 390

UPDATE

Camden Haven River Flood Study



The Camden Haven River and Lakes System Flood Study Extension, which went on public exhibition between 3 November and 2 December 2025 was adopted at the February 2026 Council meeting.

Changes to flood study

As noted in the meeting minutes, Council acknowledged “the value of locally recorded flood information” and noted “that Council shall retain and consider resident provided rainfall and photographic data for potential use in the completion of a future Camden Haven River Floodplain Risk Management Study and Plan”.

Following public exhibition and review, a small number of minor editorial amendments have been made to the study report including corrections to gauge references, typographical errors, place names and formatting of figures and tables. These adjustments do not alter the technical findings or conclusions of the study.

Next steps

The study will be made publicly available by the **end of March 2026** on the NSW SES Flood Data Portal at flooddata.ses.nsw.gov.au

Updated mapping will also be included on Council’s Flood Certificates and published on Council’s Flood Enquiries webpage at pmhc.nsw.gov.au/flood-enquiries

More information

- February 2026 Council meeting minutes (item 12.1) at pmhc.nsw.gov.au/council-papers
- Full Engagement Report (under Documents) at pmhc.nsw.gov.au/ch-flood-study

Thank you

Your feedback helps improve our understanding of local flood impacts and supports more informed floodplain risk management.

KENDALL MUSIC EXCHANGE

3 APRIL GOOD QUESTION

DOORS OPEN 6.30
KENDALL HALL



Bookends@Kendall



Come and visit Bookends at the Kendall Community Centre.
Run by volunteers
Lots of books - Fiction, Non Fiction and Children's books.
\$2.00 each. We also have CD's

Opening Hours

Monday	10:00am to 1:00pm
Tuesday	10:00am to 1:00pm
Wednesday	10:00am to 1:00pm
Thursday	9:00am to 1:00pm
Friday	10:00am to 1:00pm
Saturday	10:00am to 12:00pm



Need help navigating My Aged Care.

Learn about the different types of care, how to get assessed for aged care services, find a provider in your area that suits your needs.

Come and see **Daniel Barakat** from Dovidia—specialist in navigating through aged care at **The Kendall Community Centre** 1st Wednesday in April
9am to 12.00noon
Wednesday 1st April



Brain Teasers ...

- Astronomically speaking, the first day of spring is marked by?

- What is the name of the British passenger liner that was best known for rescuing survivors from the *Titanic* in 1912?

- How many times larger is the sun's diameter than Earth': (a) 100, (b) 1000, or (c) 10,000?

- How many years do cicadas stay under ground?

- What is the name given to a Spanish palace or fortress?

- Marjoram, mint, sage and lemon balm are all herbs symbolic of what?

- Where would you find metacarpal bones in the body?

- What is the capital of Haiti?

(Answers on page 14)

This month's SUDOKU is MEDIUM

(Answers on page 14)

1	3			9				2
			1		2	4		6
8		2	3					
4	2	9						6
	8					3	1	7
				7	5			9
2		8	6		9			
9				4			7	8

Sports News



Happy International Women's Day to all the lovely women in the Kendall Tennis club and especially those who volunteer and contribute so much of their time to making this the wonderful club it is. Thank you



A voice from the past

Happy Birthday Henry by Sandra Haswell



Henry Kendall was born on 18th April 1841 near Ulladulla on the south coast of NSW. His father Basil died in 1851 when Henry was just 10 years old. When 14 years old he was taken on a whaling expedition by an uncle, lasting 2 years. Still in his teens he acquired a job with a solicitor in Sydney. The solicitor encouraged Henry in books and poetry. His poetry was printed in a small volume

in 1862. His health was always delicate and he suffered from depression.

In 1868 he married Charlotte Rutter. For a time, he lived and worked in Melbourne contributing poems and articles to the papers and meeting other men of letters such as Marcus Clarke and Adam Lindsay Gordon. His melancholy disposition continued despite moderate success. Sir Henry Parkes became a great friend and found him a job much later in the Camden Haven as an Inspector of Forests. When he died in 1882, he had published 3 books, Poems and Songs, Leaves from Australian Forests and Songs from the Mountains.

Australia heaped praises upon him and he was recognised as one of our great poets, not long before he died and was buried at Waverley Cemetery.

The poet Shelley wrote his Epitaph
 "Awake him not! Surely, he takes his fill
 Of deep and liquid rest, forgetful of all ill"

Fantastic day for the Kendall Tennis club members playing in the Regional Match Play series across the Hastings. Over 75 players from Forster to Coffs Harbour played across three venues including Kendall .

Club junior James Randall had an outstanding day winning the Tier 4 boys event at Kendall whilst Marley Holster also made the final of the Tier 3 girls . One of our newest club members Jimmy Harrison made the final of the Opens in Port Macquarie. Some other great results were Jack Elliott semi finalist Tier 4 boys and Arwen Brown also a semi finalist in the Tier 3 girls event.

Thank you all the parents for your help in the canteen on the day and to Club Coach Rhyen Hudson for the great work he's doing with our junior players



The Kendall Chronicle



April 2026



WORTH CHECKING OUT

CAMDEN HAVEN LOCAL NEWS

A local news monthly magazine!
There is also a full FREE online page-
turning version check it out at:
www.camdenhavenlocalnews.com.au

Camden Haven Day View Club

Voice, Interests, Education of Women

Membership is made up of women who meet on the third Monday of each month at Laurieton United Services Club at 10.30am for 11.00am start.

We have a short business meeting, followed by a lovely lunch and a Guest Speaker.

Visitors and guests most welcome, cost is \$25 (which includes lunch and dessert).

Enquiries phone Helen on 6585.4454 or email camdenhavendayview@gmail.com

We also have regular social events and outings to build friendships and raise money for the **Smith Family Learning for Life Programme**.

Comboyne Museum Markets

Sunday 12th April
8am to 1pm

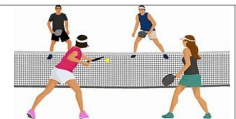


Lots of fantastic stalls, something for everyone,
BBQ, Food, Music. Come, relax and enjoy
Browse through Museum and Shed
Comboyne Plateau on the Museum Grounds.
Comboyne Rd. All enquiries please call
Brenda on 0457263946
or email comboynemarket@gmail.com

Camden Haven Walkers

We are a social group who walk on Wednesdays, meeting at 9am at Laurieton. We walk between 5 and 10 kilometers each week in a variety of environments - bush tracks, beaches and pathways. There is no cost involved just joining the Heart Foundation to register with the group. Our first walk is on Wednesday 25th February. We have a schedule of 40 walks across the year to choose from. This schedule can be obtained at the Laurieton library or the Camden Haven Neighborhood Center or electronically. For more information contact Marion McIntosh on 0427637693

Kendall Pickleball



Session Times

- ✓ **Tuesday: Ladies Social - 9am—11am**
contact Denise on 0417 655 642
- ✓ **Tuesday: Competition - 6:30pm starts 10th Feb**
- ✓ **Friday: Mixed Social - 8:00am - 10:00am**
- ✓ **Sunday: Mixed Social - 4.00pm - 6.00pm**
Ring Vee on 0417 208 648 for more information.



FREE LATE AFTERNOON MEAL for those in need

Wednesdays at 3pm

at the Kew Country Club,

185 Kendall Road, Kew

Enjoy a free meal together. Everyone is welcome
Community at 3 would like to make contact with all homeless and lonely people. It is important to telephone 0419370076 for catering purposes or further information.
Theo Hazelgrove.

Did you know?

Statistics prove that if 3.5% of a population actively get
behind a cause it will succeed

Answers to Brain Teasers on page 12

- The March equinox 2. RMS Carpathia 3. (a) 100
4. Two to 17 years 5. Alcazar 6. Peace 7. Palm region
8. Port-au-Prince

Answers to SUDOKU on page 12

1	3	6	4	9	5	7	8	2
5	9	7	1	8	2	4	3	6
8	4	2	3	7	6	9	5	1
4	2	9	7	3	1	8	6	5
7	1	3	5	6	8	2	9	4
6	8	5	9	2	4	3	1	7
3	6	4	8	1	7	5	2	9
2	7	8	6	5	9	1	4	3
9	5	1	2	4	3	6	7	8



BUSINESS & SERVICES DIRECTORY

The Kendall General

4 Comboyne Street, Kendall

Newspapers, Bread, Milk
Grocery items, Ice creams, Cakes
Homemade Pies and Sausage Rolls
Wraps, Sushi and Quiches

Hours : Tues to Frid 5.30am to 2.30pm
Saturday 7am—12 noon,
Sunday and Monday closed



The Gutter Man

GUTTER & DOWNPIPE RENEWAL
REPAIRS & LEAFGUARD

Hudson McCarron
0458 796 730

Lic 84570C
ABN 32 892 512 790

For a wide range of quality handicrafts,
locally made ...

KENDALL CRAFT CO-OPERATIVE LTD



Railway Street, Kendall
Open every day
- 10am to 3pm
Find us on FACEBOOK
Telephone: **6559 4644**

MOORE PEOPLE PROPERTY CARE CLEANING and Painting

Offices♦Home Strata♦Pre Sale Detail
Decluttering♦Moving♦Mould♦Windows
Construction Clean♦Holiday Home Maintenance
Whatever your needs
Rick: **0419 975 584**
Email: peoplepropertycare@gmail.com
TRUSTED SERVICE♦SAFE ORGANIC PRODUCTS USED

miss
nellies



33 River Street, KENDALL

- ☞ Dine in or Takeaway
- ☞ Coffee, cakes, scones, light savoury menu options!
- ☞ 8:00am to 2:00pm
- ☞ Closed Wed & Thurs
- ☞ PLEASE BOOK for more than 4 people
- ☞ Phone 6559 0085



DANIELLE HALLUM

Licensed Conveyancer
& Justice of the Peace

☎ 02 6559 4271

✉ danielle@dobellconveyancing.com.au



Now Available in Kendall

You can come and see

Peggy Landon

at the

Camden Haven Osteopathic Centre

155 Nancy Bird Walton Drive, Kew
next to the Kew Corner Store

“The hands on approach to health care”

- New patients are always welcome
- Doctor's referrals are not required
- Govt. assisted Care Plans (EPC & CDM) are accepted (5 visits per year).
- Eftpos available
- Hicaps: claim your private health fund rebate on the spot and only pay the gap fee.

6559 4026



KENDALL POST OFFICE

8 Comboyne Street
Kendall, NSW 2439

Phone: (02) 65 594 000

Laurieton Podiatry

4, 65 Bold Street
Laurieton NSW 2443

(Centrepoint Laurieton)
Level access via the Seymour st entrance opp NRMA

02 6559 9817

We are a locally owned family practice,
committed to quality healthcare.

www.laurietonpodiatry.com



ESPIE ARB TREE SERVICES

- Professional Arborist
- Tree pruning & removal
- Mulching
- Stump grinding



[espie_arb](https://www.instagram.com/espie_arb)



[Esple Arb Tree Services](https://www.facebook.com/EspleArbTreeServices)

Mobile: **0423329111**
Email: espiearb@hotmail.com

What's on in and around the Camden Haven

BOWLS ON THURSDAY - 9.00am at Kew Country Club. LUSC mixed triples - Warren 0497 808 230	
CAMDEN HAVEN DAY VIEW CLUB - 3rd Monday of month at LUSC at 11am - Helen on 6585 4454 or email camdenhavendayview@gmail.com	
CAMDEN HAVEN DRAGON BOATS - Mon, Tue, Wed, Thu, Sat & Sun - am & pm runs - back of LUSC - contact Maureen Phinn 0421 610 321	
CAMDEN HAVEN GIRL GUIDES - Thursdays - Junior - 4:30-6:00pm; Guides & Seniors - 6:30-8:30pm - Laurieton Sea Scout Hall, Tunis St, Laurieton - Kim Woodhouse - 0427 645 145 every Thursday	
CAMDEN HAVEN PAH&I SOCIETY - Office open Wednesday - 9am-12pm - Kendall Showground phone 6559 4463 - President Ron Porter	
CAMDEN HAVEN RURAL FIRE BRIGADE - 3rd Wednesday - 7:00pm - 179 Kendall Road, Kew - Captain David Handley 0402 292 550	
CAMDEN HAVEN LANDCARE - 4th Monday - 7:30pm - Kendall War Memorial Hall - Jim 0439 191 945	
CAMDEN HAVEN ORCHID SOCIETY - 3rd Tuesday - 2:30pm - 5:00pm - LUSC - Phone David Everingham 0432 718 556.	
CAMDEN HAVEN COMBINED PROBUS CLUB - meet LUSC - 2nd Wednesday at 10am. Contact Sue Moore 0448 999 339 or Wilma Boyd 0427 859 581.	
CAMDEN HAVEN LADIES PROBUS CLUB - meet LUSC - 4th Tuesday at 10.30am. Contact Lynda Torr 0490 021 687 or Anne Burton 0421 967 710	
CAMDEN HAVEN SEA SCOUTS - Mondays 6.15pm-8.15pm for Venturers ages 14-18years, Tuesdays 6-8pm for Scouts 11-14 years and Wednesdays 6-7.30pm for Cubs 8- 11 years - Scout Hall Tunis St Laurieton - Joy McInally 0437 526 232	
CAMDEN HAVEN UNITED HOSPITAL AUXILIARY - meet Mondays 9am -12md - HACC Building, Laurie St, Laurieton. Bronwyne 0401 528 692.	
CAMDEN HAVEN BRIDGE CLUB —meet LUSC—Monday 12pm and Thursday 12pm— Contact Carl Phillips 0410 932 360	
EXERCISE CLASS - Low Impact - over 50's - Wednesday 9.30am - 10.30am - Kendall Community Hall - Phone Lynne - 0427 115934	
GOLF COACHING - Sundays - 9am - Kew Country Club - Luke Garel 6559 4596	
HEART HEALTH WALKING GROUP - Mondays - behind the LUSC at 9am - coffee and chat at 10am in the club - Reg 0400 143 182	
KENDALL BOAT SHED - Kayaking on the river - Tuesday & Thursday 8am - Kendall Boat Ramp - Diane 6559 0159	
KENDALL BOOK CLUB - 1st Wednesday - 2pm - at 'Bookends' - next meeting - Wed 1st April 2026— Phone: Bernard 02 6559 4066	
KENDALL COMMUNITY PLAYGROUPE - 2nd Wednesday (term time) - 9am-10:30am - Kendall Public School - 6559 0040	
KENDALL CWA - 3rd Tuesday - 10am - Kendall War Memorial Hall - Nan Bowman - 0400 265 056	
KENDALL DISTRICT GARDENERS - 3rd Monday - 10am - Kendall Community Hall - John Carter - 6556 9677	
KENDALL GLOBAL COMMUNITY GARDEN - Thursday - 10am-12pm - Kendall Community Centre - Tin Hta Nu - 6559 4834 / 0448 315 169	
KENDALL KETTLES CRAFT GROUP - 2nd & 4th Monday - 9am-1pm - Kendall S&C Club - Sue Ward 0474 873 835	
KENDALL SHOWGROUND MARKETS - 1st Sunday - 8am-12pm - Kendall Showground - Louise Hudson 0413 530 509	
KENDALL MEN'S SHED - Tuesday & Thursday - 8am-4pm & 8am-12pm - Kendall Showground - John White 0427 562 800	
KENDALL RIDING FOR THE DISABLED - Tuesday & Wednesday - 8:30am-1:30pm - 29 The Old Coach Road Kendall - 0450 798 874	
KENDALL RSL SUB-BRANCH - 2nd Sunday - 10am Kendall Services & Citizens Club - Lance 6559 4478 / 0402 477 390	
KENDALL TENNIS & PICKLEBALL CLUB - Check out the Club's website for court hire & competition details - https://play.tennis.com.au/kendalltennisclub Phone Wendy on 0419 634 848.	
KEW MEN'S BOWLS - Wednesday & Alternate Fri/Sat - 9am & 12:30pm - Kew Country Club - Phone Chicka Thompson 0423 787 325 Or text Frank 0417 698 899	
LANDCARE Phone Sue 6559 7134	- Laurieton United Services Club Landcare works every Friday from 8.30am to weed along the river foreshore - Dunbogan Bushcare Group works every Monday morning from 8.30am
LURIETON LIBRARY Phone: 6581 8177	Financial Counsellor - Monday afternoon— Fortnightly Navigating My Aged Care - Monday morning 9:30—12:30 Justice of the Peace Service —Wednesday 1:00—3:00pm
LONE RANGERS CRAFT - Wednesdays - 10am - Lorne Community Hall - Phone Nicole - 6559 9773	
LORNE RURAL FIRE BRIGADE - 2nd Monday - 7:30pm - Fire Station Stewarts River Road - Aaron 0438 074 828	
NORTH HAVEN PHYSICAL CULTURE CLUB - Tuesdays - Ladies classes - 10am - North Haven Community Hall & at Laurieton School of Arts hall for little ones, juniors, teenagers & ladies from 4pm - Narelle 0402 329 500 or northhavenphysie@gmail.com	
PILATES WITH ALI - Monday 4.30 - 5.30pm and Friday 9am - 10am - Kendall Community Hall - Phone Ali - 0431 463 461	
TACTILE ARTS GROUP @ KENDALL - Monday to Saturday - 9am-3pm by arrangement - Kendall Showground - Phone Sue Richards 0407 656 768	
THE MEETING PLACE CAFE & MARKET BAZAAR - Every Thursday - 9am - 12md - Kendall Community Centre - Phone 6559 0055 for bookings	

The last word

Life is an endurance test, so why be ashamed of your age?.....

- P K Shaw